

It Takes All Kinds

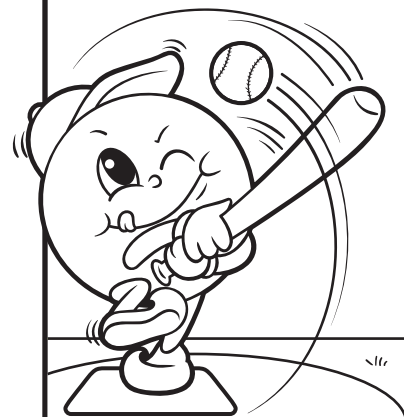
C O M B I N E F L E N D I K S P E
 L A D G E G R H A R V E S T I L S
 B C Y G A D R Y P E A S R R S O R
 R N O N I R R I G A T E D A U K A
 O M E R W B A C P R O S T C N D I
 F P L I T P O D S L E N C T S R N
 X L F W P B Y U M F R T F O H I O
 P A A G H X D J S U E P H R I L W
 R N R S Y A O K V G U T L B N L F
 E T M C A Z T N O I C D Q Q E H I
 A N E S P O N L E N T I L S E N T
 C O O L S E A S O N W W A P N T P

T L S L
 N E M C
 I M C H
 K T L I
 J I W C
 W R D K
 P S H P
 I S B E
 U J V A
 G V S S

V T G E
 W G M A
 Y L K S
 O S M Z
 R Y O T

Words to Find

- dry peas
- farm
- sunshine
- rain
- lentils
- pods
- plant
- harvest
- tractor
- chickpeas (also called garbanzos)
- combine (used to harvest peas from the field)
- cool season (legumes grow best in cool climates)
- drill (used to plant seeds)
- nonirrigated (peas and lentils don't require irrigation)



Key

It Takes All Kinds

C O M B I N E F L E N D I K S P E
 L A D G E G R H A R V E S T I L S
 B C Y G A D R Y P E A S R R S O R
 R N O N I R R I G A T E D A U K A
 O M E R W B A C P R O S T C N D I
 F P L I T P O D S L E N C T S R N
 X L F W P B Y U M F R T F O H I O
 P A A G H X D J S U E P H R I L W
 R N R S Y A O K V G U T L B N L F
 E T M C A Z T N O I C D Q Q E H I
 A N E S P O N L E N T I L S E N T

C O O L S E A S O N W W A P N T P

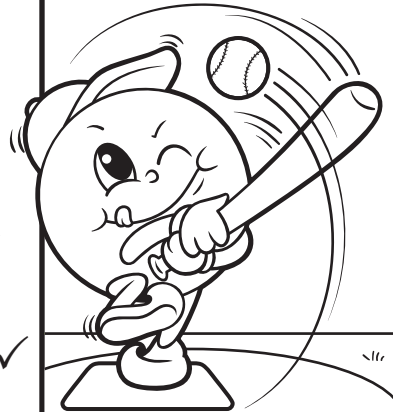
T L S L
 N E M C
 I M C H
 K T L I
 J I W C
 W R D K
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 I S B E
 U J V A
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Words to Find

- dry peas ✓
- farm ✓
- sunshine ✓
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- lentils ✓
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- chickpeas (also called garbanzos) ✓
- combine (used to harvest peas from the field) ✓
- cool season (legumes grow best in cool climates) ✓
- drill (used to plant seeds) ✓
- nonirrigated (peas and lentils don't require irrigation) ✓

V T G E
 W G M A
 Y L K S
 O S M Z
 R Y O T



Name _____

Facts and Fun

Write the word for each description.

Use the word bank.

Legumes are primarily grown in this many regions of the United States.

___ ___

These legumes are also called garbanzo beans.

___ _____

These legumes cook in about 30 minutes.

_____ _____

Thomas Jefferson grew 30 different kinds of peas here.

_____ _____

Peas, chickpeas, and lentils are examples of this kind of plant.

This is another name for legumes.

_____ _____

Lentils grow in these.

_____ _____

Legumes are high in this compound, which your body needs.

This is the Latin word for *lentil*.

_____ _____

On the Food Guide Pyramid, lentils are in the meats and beans group and in this group.

_____ _____

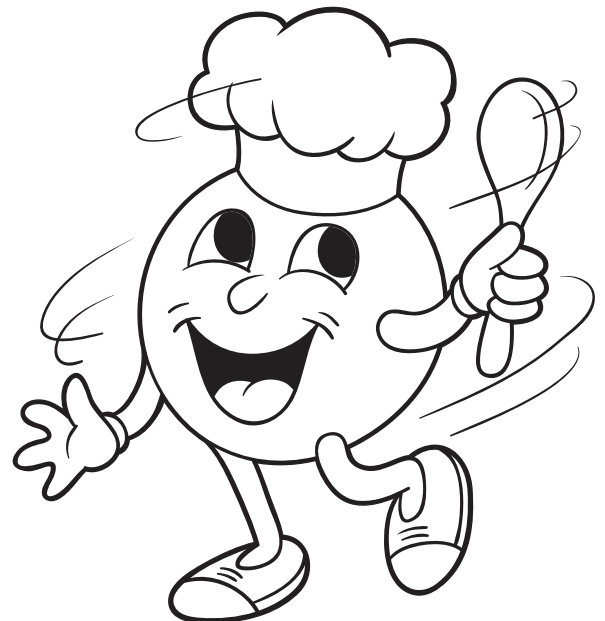
Planting legumes also improves this, another word for nutrient-filled dirt.

Word Bank

lens	pods	soil	two
garden	pulses	lentils	protein
legume	chickpeas	vegetable	

What do you get when you spin peas round and round?

To find out, write each boxed letter in order on the lines.



Key Facts and Fun

Write the word for each description.
Use the word bank.

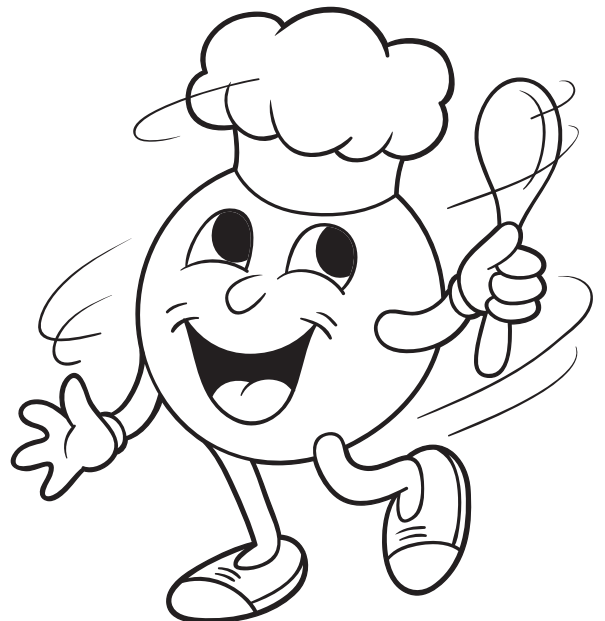
Legumes are primarily grown in this many regions of the United States.	<u>t</u> <u>w</u> <u>o</u>
These legumes are also called garbanzo beans.	<u>c</u> <u>h</u> <u>i</u> <u>c</u> <u>k</u> <u>p</u> <u>e</u> <u>a</u> <u>s</u>
These legumes cook in about 30 minutes.	<u>l</u> <u>e</u> <u>n</u> <u>t</u> <u>i</u> <u>l</u> <u>s</u>
Thomas Jefferson grew 30 different kinds of peas here.	<u>g</u> <u>a</u> <u>r</u> <u>d</u> <u>e</u> <u>n</u>
Peas, chickpeas, and lentils are examples of this kind of plant.	<u>l</u> <u>e</u> <u>g</u> <u>u</u> <u>m</u> <u>e</u>
This is another name for legumes.	<u>p</u> <u>u</u> <u>l</u> <u>s</u> <u>e</u> <u>s</u>
Lentils grow in these.	<u>p</u> <u>o</u> <u>d</u> <u>s</u>
Legumes are high in this compound, which your body needs.	<u>p</u> <u>r</u> <u>o</u> <u>t</u> <u>e</u> <u>i</u> <u>n</u>
This is the Latin word for <i>lentil</i> .	<u>l</u> <u>e</u> <u>n</u> <u>s</u>
On the Food Guide Pyramid, lentils are in the meats and beans group and in this group.	<u>v</u> <u>e</u> <u>g</u> <u>e</u> <u>t</u> <u>a</u> <u>b</u> <u>l</u> <u>e</u>
Planting legumes also improves this, another word for nutrient-filled dirt.	<u>s</u> <u>o</u> <u>i</u> <u>l</u>

Word Bank

lens ✓ pods ✓ soil ✓ two ✓
garden ✓ pulses ✓ lentils ✓ protein ✓
legume ✓ chickpeas ✓ vegetable ✓

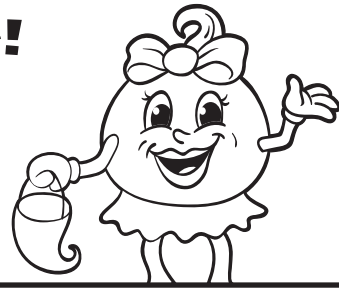
What do you get when you spin peas round and round?
To find out, write each boxed letter in order on the lines.

whirledpeas



Name _____

Dinnertime!



Help Chel C. get to the serving bowl.
Circle each fact. Draw a star next to each opinion.
Draw a line to connect the circled facts.

Start

Peas are awesome.

People have been growing lentils for thousands of years.

Chickpeas are delicious!

Lentils taste best in soups.

There are green peas and yellow peas.

Peas, chickpeas, and lentils are all legumes. Their seeds grow within pods.

A chickpea has a bump that looks like a baby chick's beak.

Eating peas is fun!

Chickpeas have an interesting shape.

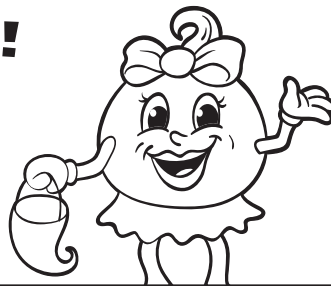
Peas are a good source of protein, iron, and vitamin C.



Over 600,000 acres of lentils are grown each year in the United States.

This serving of lentils is way too small!

Key Dinnertime!



Help Chel C. get to the serving bowl.
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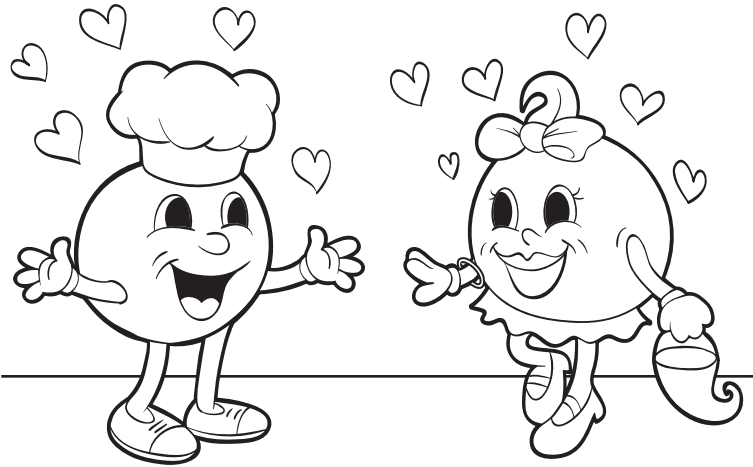
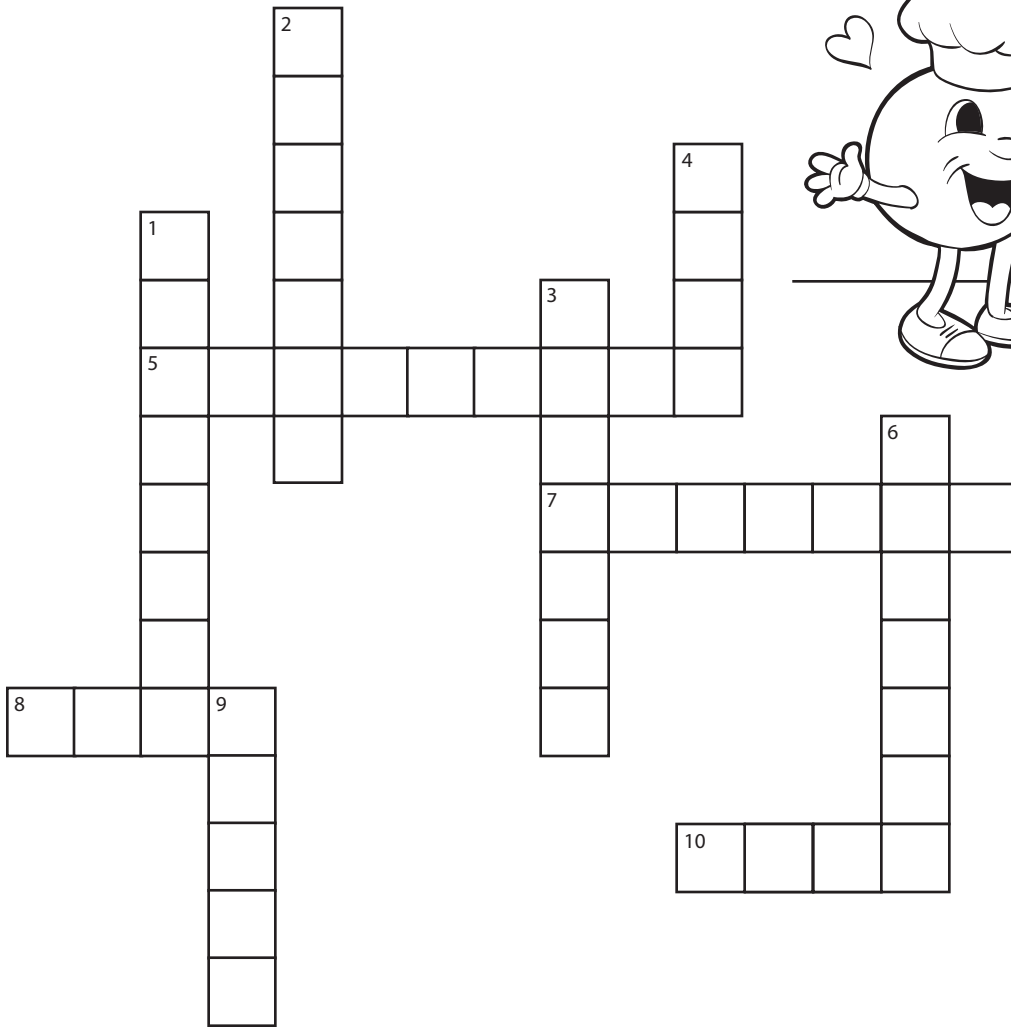
★ This serving of lentils is way too small!



Name _____

Love Those Legumes!

Write the word that best completes each sentence.
Use the word bank.



Word Bank

bacteria
chickpeas
healthy
legumes
lentils
lens
peas
pods
protein
seeds

Across

- _____ take longer to cook than lentils or peas.
- Chickpeas, peas, and lentils are known as _____.
- Split dry _____ do not need to be soaked before cooking.
- Legume seeds are found in _____.

Down

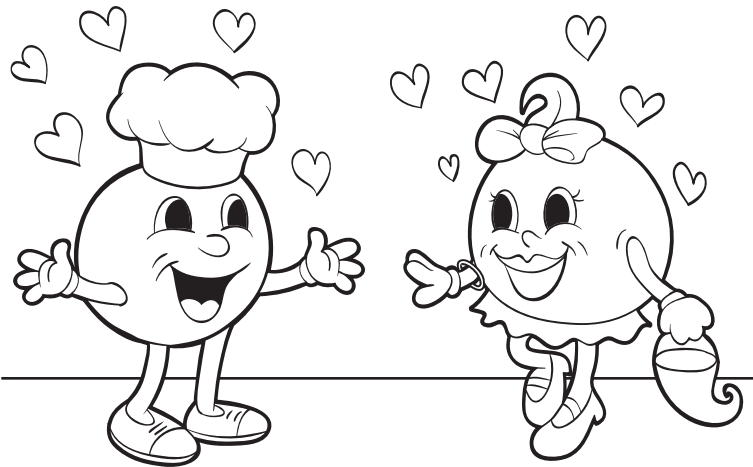
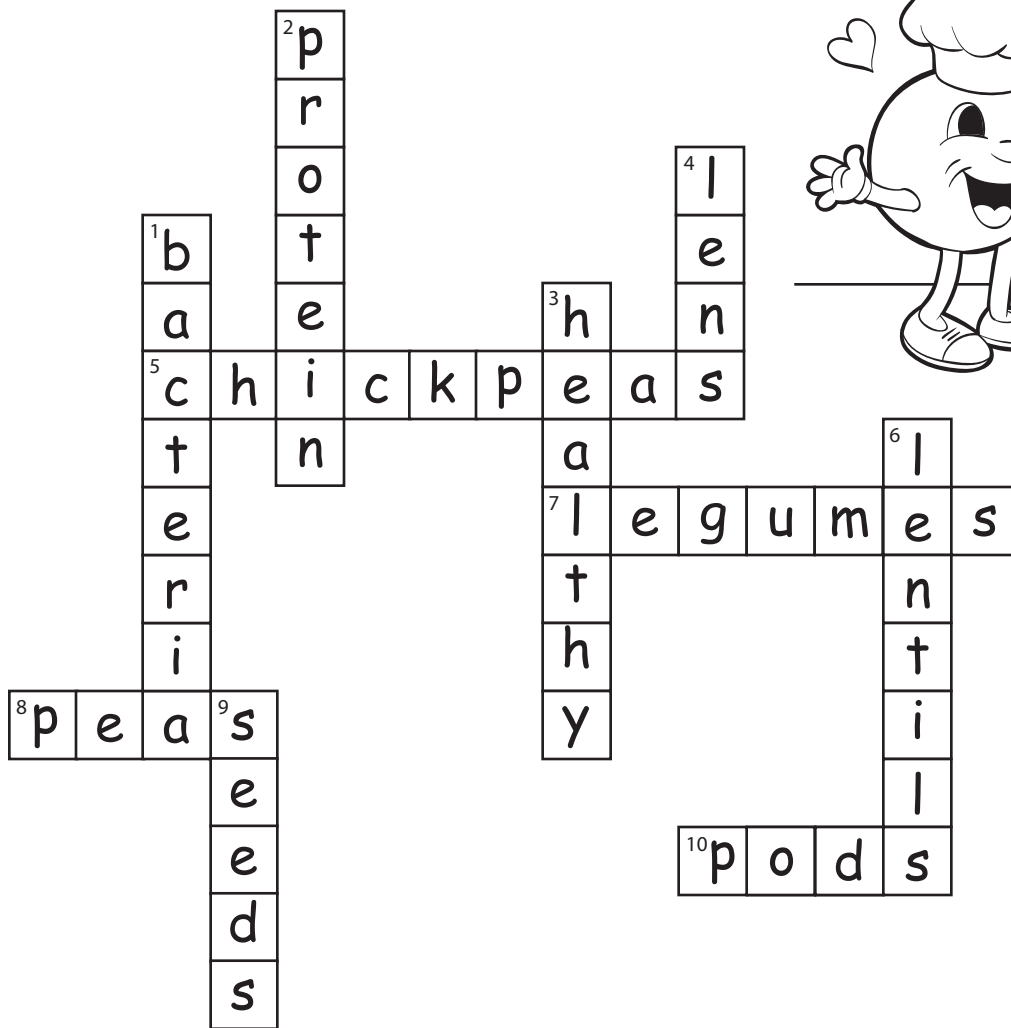
- Legumes have special _____ living on their roots, which help them make nitrogen.
- Legumes have lots of _____, which your body needs to keep your muscles healthy.
- Legumes are part of a _____ diet.
- A lentil is shaped like a _____.
- _____ grow naturally in different colors (green, brown, black, and red) and sizes (tiny, small, medium, and large).
- The _____ of lentils are used as food.

Key

Love Those Legumes!

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healthy
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lentils
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