

Grades K-2

Farm to Fork: Where Food Comes From

A Food Journey

Sequencing the food production process

Write on the board the labels "Farm," "Production Plant," "Store," and "Fork." Then have each child choose a favorite food from the list provided below and write or draw it on a sticky note. Ask students to think about how that food may have started on a farm and ended up on their plates. Then, invite one child to attach his sticky note under the "Farm" label. Discuss how the food, or part of the food, began on a farm. Then pretend to drive it to the next label, "Production Plant," and encourage discussion about what could have occurred at the facility. Continue to "drive" the food to the next two labels to complete the sequence. Repeat the activity with several different food items to help youngsters understand where their food comes from.

Extend the learning: Make sure students understand that food doesn't magically grow itself—real farmers grow our food! Share the fact that two percent of the US population works as farmers, feeding our whole nation and beyond. Give students construction paper and have them fold it to make cards. Invite students to draw farmers and farm equipment on the front, and inside to write a simple thank-you to those who grow our food. Display the projects on a bulletin board titled "Farmers, We Salute You!"

Fun Fact:

Did you know a hen can lay an egg every 25 hours?



Peanut butter and jelly sandwich	Pepperoni pizza
Canned chicken noodle soup	Nachos with cheese, beans, and tomatoes
Grilled cheese	Cherry yogurt
Spaghetti with tomato sauce	Frozen apple pie
Frozen pancakes	Orange juice
Frozen strawberries	



ALLIANCE TO
FEED THE FUTURE

