



Meet Your Body's Immune System

Teach your students the facts about autoimmune diseases with free Common Core-aligned activities. [Click here.](#)



American Autoimmune
Related Diseases Association, Inc.

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Autoimmune diseases often **run in families**, but are not passed on genetically.

More than 75% of those with autoimmune diseases are women.

Researchers believe that the **school environment** may contain more triggers for autoimmune diseases than other work environments, putting teachers at **higher risk**.

Our **free Common Core-aligned fact sheets** make it easy to introduce the immune system and autoimmune-related diseases to your students.



Join the AARDA email list to find out about the latest **free materials** and advances in immune disease research.

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1. Share this video to introduce students to the immune system and autoimmune-related diseases.



Free Activities

2. Download free nonfiction passages for your students—plus engaging student research projects and immune disease facts and figures to share.

[Grades 3-4 CCSS reading passages](#)

[Grades 5-6 CCSS reading passages](#)

[Grades 7-8 CCSS reading passages](#)

[Grades 3-4 Student research projects](#)

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[Background for the teacher](#)

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