



Enter for a chance to win \$250 classroom cash

Meet Your Body's Immune System

Teach your students the facts about autoimmune diseases with free Common Core-aligned activities. Plus enter our sweepstakes. [Click here.](#)



American Autoimmune
Related Diseases Association, Inc.

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Autoimmune diseases often **run in families**, but are not passed on genetically.

More than **75%** of those with autoimmune diseases are women.

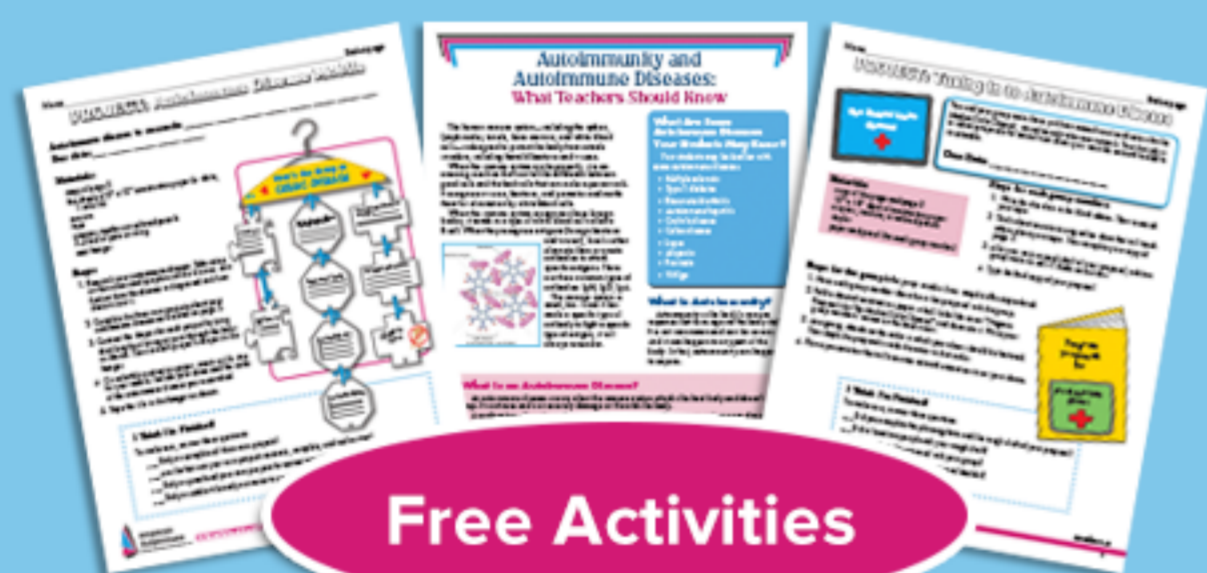
Researchers believe that the **school environment** may contain more triggers for autoimmune diseases than other work environments, putting teachers at **higher risk**.

Our **free Common Core-aligned fact sheets** make it easy to introduce the immune system and autoimmune-related diseases to your students.

Join the AARDA email list to find out about the latest **free materials** and advances in immune disease research. Plus one lucky teacher will win a **\$250 Visa gift card**, and three runners-up each will win a **\$100 Visa gift card**.



1. Share this video to introduce students to the immune system and autoimmune-related diseases.



Free Activities

2. Download free nonfiction passages for your students—plus engaging student research projects and immune disease facts and figures to share.

- Grades 3–4 CCSS reading passages
- Grades 3–4 Student research projects
- Grades 5–6 CCSS reading passages
- Grades 5–6 Student research projects
- Grades 7–8 CCSS reading passages
- Grades 7–8 Student research projects
- Background for the teacher
- Background to share with parents

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