

# Soap Up and Stay Healthy!

## Teacher's Guide

Dear Educator,

Your students may *think* they know everything they need to know about hand washing, but do they really? For example, do they know that some germs can survive for 48 hours outside the body? Or that keeping hands clean is one of the best ways to avoid getting sick? In fact, the Centers for Disease Control and Prevention (CDC) describes proper hand washing as the best “do-it-yourself vaccine” for staying healthy!

We are proud to present “Soap Up and Stay Healthy!” an online kit of grades K–12 educational resources designed to inform students and their families about the benefits of hand washing. Helping you and the people around you stay healthy is our number one goal!

Lather up!

Your Hand Washing Pros at Georgia-Pacific



### Kit Components

#### • Hand Washing Display Pack •

Includes a hand washing pledge, display ideas, cutouts, and patterns.



#### • Family Newsletters •

Just what you need to spread the word about hand washing!

Grades K–2

Grades 3–8

#### • Student Activities •

All activities are aligned to Common Core State Standards. Answer keys are provided.

Grades K–2

Grades 3–5

Grades 6–12

